



**McCain Foods (AUS & NZ) Pty Ltd**  
**Customer Specification**  
**202306**  
**McCAIN Sliced Beans 2kg**

**COOKING INSTRUCTIONS:**

DO NOT thaw before cooking.  
 For best results cook from frozen.

**MICROWAVE:**

- Place frozen Sliced Beans in a microwave safe container and cook on high.  
 100g approx 4 - 5 minutes.  
 500g approx 9 minutes.

**NOTE:** Microwave instructions are based on an 750W oven. Please adjust accordingly.

**STOVE TOP:**

- Place frozen Sliced Beans in boiling water. Add pinch of salt if desired. Bring back to boil and simmer until tender.
- Drain and serve.  
 100g approx 5 minutes  
 500g approx 5 minutes.

**INGREDIENTS:** Sliced Beans

NUTRITION INFORMATION		
Servings per package: 20		
Serving size: 100 g		
	Quantity Per serve	Quantity Per 100g
Energy	149kJ (36 Cal)	149kJ (36Cal)
Protein	1.6g	1.6g
Fat, total	0.3g	0.3g
- saturated	0.1g	0.1g
Carbohydrate	5.1g	5.1g
- sugars	2.0g	2.0g
Sodium	6mg	6mg

**Halal:** Certified  
**Kosher:** Not Certified  
**Vegan:** Contains no animal products  
**Vegetarian:** Contains no meat products

**GMO Statement:** This Product does not require Labelling as a genetically modified food in accordance with the Australian/NZ Food standards Code Volume 2, Section 1.5.2

**Storage:** Keep frozen at or below -18°C. Keeps for 2 years from the date of manufacturing.  
 If content becomes thawed, use as soon as possible, do not refreeze.

**Transport:** The product should be transported in accordance with the recommended Code of Practice for handling merchandising Frozen Foods such that product temperature and integrity is maintained at all times.

*This specification is valid at the time of issue. Check packaging for most up to date information. Please request updates as required.*

**Product of New Zealand**

**Date Issued:** 24/02/2015  
 Review in 3 years from date issued

**Authorised by:** Therese Sillekens