



McCain Foods (AUS & NZ) Pty Ltd
Customer Specification
82319
McCAIN CORN KERNELS 2kg

COOKING INSTRUCTIONS:

DO NOT THAW BEFORE COOKING.

PRODUCT MUST BE COOKED BEFORE CONSUMPTION.

STOVE TOP:

- Place frozen Corn Kernels in boiling water. Add pinch of salt if desired. Bring back to boil and simmer until tender.
100g approx 5 minutes.
500g approx 5 minutes.
- Drain and serve.

MICROWAVE:

- Place frozen Corn Kernels in a microwave safe container and cook on high.
100g approx 4 - 5 minutes.
500g approx 9 minutes.

NOTE: Microwave instructions are based on a 750W oven. Please adjust accordingly.

INGREDIENTS: Corn Kernels

NUTRITION INFORMATION

Servings per package: 20

Serving size: 100 g

	Quantity Per serve	Quantity Per 100g
Energy	478kJ (114 Cal)	478kJ (114 Cal)
Protein	3.2g	3.2g
Fat, total	1.5g	1.5g
- saturated	0.2g	0.2g
Carbohydrate	20.5g	20.5g
- sugars	2.6g	2.6g
Sodium	10mg	10mg

Halal: Certified

Kosher: Not Certified

Vegan: Contains no animal products

Vegetarian: Contains no meat products

GMO Statement: This Product does not require Labelling as a genetically modified food in accordance with the Australian/NZ Food standards Code Volume 2, Section 1.5.2

Storage: Keep frozen at or below -18°C. Keeps for 2 years from the date of manufacturing. If content becomes thawed, use as soon as possible. Do not refreeze.

Transport: The product should be transported in accordance with the recommended Code of Practice for handling merchandising Frozen Foods such that product temperature and integrity is maintained at all times.

This specification is valid at the time of issue. Check packaging for most up to date information. Please request updates as required.

Product of New Zealand

Est. No. 686

McCain Foods (Aust) Pty. Ltd.
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Review in 3 years from date issued

Authorised by:

Therese Sillekens